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“Game Changers” Podcast Debuts, Spotlighting Women Who Are Changing the Game in Sports

It is time to change the game!

Demorest, Georgia, February 18, 2025 – A new podcast is hitting the airwaves, and it is all about women shaking up the sports industry. *Game Changers*, hosted by senior mass communications major and sports enthusiast Alexis “AB” Baumgardner, brings listeners weekly updates on the latest happenings in women’s sports – from breaking news to behind-the-scenes insights and industry rumors.

Each week, *Game Changers* highlights the stories of trailblazing female athletes and professions in the sports industry. AB is joined by special guests who share their personal experiences, offering listeners an inside look at the challenges and triumphs of being a woman in a male-dominated field.

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“Women in sports are constantly breaking barriers and redefining what’s possible. *Game Changers* is here to tell their stories, spark conversations, and inspire the next generation of athletes,” says Baumgardner.

In the debut episode, AB covers A’ja Wilson’s number retirement and Nike collaboration, the Portland Thorns, the excitement of Portland’s new WNBA team, and their newest venture together. Special guest, Michelle Cates, a student-athlete at Piedmont University, joins the discussion to share her perspective on the evolving world of women’s sports.

Game Changers is available online at <https://feeds.transistor.fm/game-changers-794853ee-9f1b-4157-b49d-c62d3ef0724f>. Listen every week for fresh stories, insider perspectives, and conversations with women who are changing.

About the Host

Alexis Baumgardner is the host of *Game Changers*, blending her passion for storytelling and women’s sports into a podcast that amplifies female voices in the sports industry.

For more information contact abaumgardner0113@lions.piedmont.edu or visit <https://feeds.transistor.fm/game-changers-794853ee-9f1b-4157-b49d-c62d3ef0724f>.

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